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The Science of Black Hair: A Comprehensive Guide to Textured Hair Care combines research with testimony in an authoritative reference text dedicated to the care of black hair- relaxed or natural. This powerful book introduces readers to a comprehensive healthy hair care strategy for achieving beautifully radiant hair regardless of hair type.

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The critics have spoken and many have labeled “The Science of Black Hair: A Comprehensive Guide to Textured Hair Care” as the best natural hair book on the market. This critical acclaim comes directly from some of the strongest critics on the market - the consumers.

The Science of Black Hair with Audrey Davis-Sivasothy ...

LIVE on Facebook Thursday, December 17th at 12 PM EST “The Science of Black Hair” How well do you know your hair? What kind of healthy routines do you practice...

The Science of Black Hair - YouTube

26.3k Followers, 1,135 Following, 882 Posts - See Instagram photos and videos from The Science of Black Hair (@blackhair101)

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The Science of Black Hair by Audrey Davis-Sivasothy ...

A trained Health Scientist, Sivasothy has written extensively on the intricacies of caring for hair at home. Her wildly popular book, *The Science of Black Hair: A Comprehensive Guide to Textured Hair Care*, has been featured in *The Huffington Post*, *Essence Magazine*, and *Hype Hair Magazine*.

Audrey Davis-Sivasothy (Author of The Science of Black Hair)

The Science of Black Hair. 55K likes. *The Science of Black Hair* by Audrey Davis-Sivasothy Follow Audrey on Instagram and Twitter: @Blackhair101
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The hair on the arms, legs, eyelashes, and eyebrows have a very short active growth phase of about 30 to 45 days, explaining why they are so much shorter than scalp hair. Catagen

Science of Hair: Hair Growth Cycle & How Hair Works

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regardless of hair type.

The Science of Black Hair : A Comprehensive Guide to ...

□According to The Science of Black Hair by Audrey Davis-Sivasothy, as a rule of thumb, if you see petrolatum or any other undesirable chemical listed sixth or lower there isnt much of it in there. □For instance, Cantu Shea butter has petrolatum listed as the 7th/8 ingredient and I find it still works well for moisturizing my hair.

How To Grow Long, Healthy Natural Hair

The science of black hair : a comprehensive guide to textured hair care. Davis-Sivasothy, Audrey. TT972 .D38 2011. The science of transitioning : a complete guide to hair care for transitioners and new naturals. Davis-Sivasothy, Audrey. TT972 .D39 2014. Where beauty touches me. Ferrell, Pamela.

The science of black hair : a comprehensive guide to ...

The science of hair was one of the first technologies given by Yogi Bhanan when he came to America. “When the hair on your head is allowed to attain its full, mature length, then phosphorous, calcium, and vitamin D are all produced, and enter the lymphatic fluid, and eventually the spinal fluid through the two ducts on the top of the brain.

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The Spiritual Power Of Hair - Conscious Reminder

The hair shaft pushes through a sebaceous gland on its way out of the scalp. These glands produce sebum (oils) and naturally provide the hair shaft with moisture as it grows. The hair shaft is made out of a protein called keratin. Once hair is out of the scalp it no longer has access to its previous blood supply and is thus considered dead.

The Science of Natural Hair Growth – NaturAll

The color of hair can be explained by a little bit of biology, chemistry and physics. Hair color is determined by the absorption and reflection of light and it is based on the amount and the type of melanin present (this is genetically determined).

Content Background: The chemistry of hair and hair color – PEP

New research suggests Black women with natural hairstyles, such as curly afros, braids or twists, are often perceived as less professional than Black women with straightened hair, particularly in ...

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